Zumbrota Mazeppa Public Schools is committed to raising awareness about mental health and equitable access to quality mental health services.

Zumbrota Mazeppa Public Schools partnered with Care Solace to support the well-being of students, staff, and their family members. Care Solace is a complimentary and confidential care coordination service that can help you quickly find mental health or substance use treatment options matched to your needs, regardless of circumstance.

If you would like to use Care Solace to help you find a provider:

- Call 888-515-0595. Multilingual support is available 24/7/365
- Visit <u>www.caresolace.com/zmschools</u> and either search on your own OR click "Book Appointment" for assistance by video chat, email, or phone.

